

# **Emergency Preparedness**

# Merit Badge Workbook

This workbook can help you but you still need to read the merit badge pamphlet (book). No one can add or subtract from the Boy Scout Requirements #33216. Merit Badge Workbooks and much more are below: Online Resources.

Workbook developer: craig@craiglincoln.com. Requirements revised: 2008, Workbook updated: January2009.

Scout's Name:	Unit:	
Counselor's Name:	Counselor's Ph #:	
. Earn the First Aid merit badge. (Note: Other requireme	ents may be completed before you earn First Aid merit badge.)_	
2. Do the following:		
a. Discuss with your counselor the aspects of emergency pro	eparedness:	
1. <b>Prepare</b> for emergency situations		
Respond to emergency situations		
3. <b>Recover</b> from emergency situations		
4. Mitigate and prevent emergency situations		

Include in your discussion the kinds of questions that are important to ask yourself as you consider each of these.

b. Make a chart that demonstrates your understanding of each of the three aspects of emergency preparedness in requirement 2a with regard to 10 of the situations listed below. **You must use situations 1, 2, 3, 4, and 5** below in boldface but you may choose any other five listed for a total of 10 situations. Discuss this chart with your counselor.

Situation	Prepare	Respond	Recover	Mitigate
1. Home kitchen fire				
2. Home basement/ storage room/garage fire				
3. Explosion in the home				
4. Automobile accident				
5. Food-borne disease (food poisoning)				
6. Fire or explosion in a public place				
7. Vehicle stalled in the desert				
8. Vehicle trapped in a blizzard				
9. Flash flooding in town or the country				
10. Mountain/ backcountry accident				
11. Boating accident				
12. Gas leak in a home or a building				
13. Tornado or hurricane				
14. Major flood				
15. Nuclear power plant emergency				
16. Avalanche (snowslide or rockslide)				
17. Violence in a public place				

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•	lan. Then meet with your counselor a	pe informed for the situations on the chart you created and report on your family meeting, discuss their
3. <i>Show</i> how you could safely save a	person from the following:	
Touching a live household electric wire	<b>.</b>	
b. A room filled with carbon monoxide		
c. Clothes on fire		
d. Drowning using nonswimming rescues	s (including accidents on ice)	
4. Show three ways of attracting and o	communicating with rescue planes	/aircraft.
5. With another person, show a good energy of rescuers while ensuring t 6. Do the following:		of a remote and/or rugged area, conserving the injured person.
•		g they need, and the safety precautions they
1. Crowd and traffic control		
Be prepared to do:		
Training they need:		
Safety Precautions:		
2. Messenger service and communi Be prepared to do:	ication	

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Training they need:		
Safety Precautions:		
3. Collection and distribution service	es	
Be prepared to do:		
Training they need:		
Safety Precautions:		
4. Group feeding, shelter, and sanit	ation	
Be prepared to do:		
Training they need:		
Safety Precautions:		
b. Identify the government or community	agencies that normally handle and pre	epare for the emergency services listed under 6a, _
and explain to your counselor how a grou	up of Scouts could volunteer to help in	the event of these types of emergencies.
·	• •	
and learn what this person does to <b>prepa</b> community.		itigate and prevent emergency situations in your
Discuss this information with your counse	elor and apply what you discover to the	e chart you created for requirement 2b.
7. Take part in an emergency service pagency.	-	e drill, with a Scouting unit or a community

8. Do the following: a. Prepare a written plan for mobilizing your troop when needed to do emergency service.  If there is already a plan, explain it.
Tell your part in making it work
Ton your part in making it work.
b. Take part in at least one troop mobilization
Before the exercise, describe your part to your counselor.
Delore the exercise, describe your part to your counselor.
——————————————————————————————————————
c. Prepare a personal emergency service pack for a mobilization call.  Prepare a family kit (suitcase or waterproof box) for use by your family in case an emergency evacuation is needed.  Explain the needs and uses of the contents.

-	erge	ency	Pre	parec	nes	s p.	6						Mer	rit B	adg	je V	Vork	boo	k			S	Scou	ıt's	Nar	ne:				
-							 																							 
a. U	sin	gas	safe	he fol ty ch hey c	eckl	ist a	арр																		ial h					ds yo
b. R	evi	ew (	or d	evelo	p a	olan	of	esc	сар	e fo	r y	our	fan	nily	in	cas	e of	fire	in	you	ur h	om	e.							
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Emergency Preparedness p. 7	Merit Badge Workbook	Scout's Name:
		the home (such as taking a picnic or seeing a prect those hazards, and the reasons for the
Activity: Possible Hazards:	Plan to correct:	Reasons for corrections:
<del></del>		
		<del></del>
Online Resources (Use any Internet resources	rce with caution and only with your p	arent's or guardian's permission.)
Boy Scouts of America: ► scouting.org	► Guide to Safe Scouting ► Age-	-Appropriate Guidelines ► Safe Swim Defense
► <u>Scout</u> ► <u>Tenderfoot</u>	► <u>Second Class</u> ► <u>First Class</u>	
Boy Scout Merit Badge Workbooks: usso	outs.org -or- meritbadge.org Meri	t Badge Books: www.scoutstuff.org
Requirement Resources		
These resources and much more are at: http	p://meritbadge.org/wiki/index.php/Em	ergency_Preparedness
1-9 American Red Cross - "After a Disaste	r" Series of Publications - FEMA	
1. First Aid Merit Badge		
	- "After a Disaster" Series of Publicati	ons - American Red Cross - Disaster Safety -
NFPA Natural Disasters Link		
2h The chart is in the Emergency Prepare	dness Worksheet 2d Swimmir	ng Merit Badge

- SARBC Survival: Signalling for Help 4. **FEMA**
- Emergency Preparedness Kit NFPA Emergency Preparedness Kits 8.
- **9a.** The BSA Safety Checklist you need is in the <u>Emergency Preparedness Worksheet</u>
- **9b.** The graph paper you need is in the <u>Emergency Preparedness Worksheet</u>
- **9c.** A blank accident prevention program is in the Emergency Preparedness Worksheet.

#### **General Resources**

EPA: http://www.epa.gov/ National Weather Service: National Weather Service

Lightning Survival: http://www.usscouts.org/usscouts/profbvr/lightning\_safety/index.html

National Fire Protection Association: http://www.nfpa.org/

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Merit Badge Workbook

### **Sample Home Safety Checklist**

Sample Checklist for Requirement 9 a. Check safety steps that being taking in your home. Write N/A if the item is not applicable. Items left blank may present a safety hazard. This list provides some sample safety steps you might take. See your Safety Merit Badge pamphlet and counselor for more information. Ask your parent or guardian before making any changes.

Stairways, Halls, and Outdoor Steps	Before bedtime, furniture placement is checked for
Stairways with three or more steps have a strong handrail.	orderliness.
Stairs/halls are kept free from boxes, toys, brooms, tools, etc.	Furniture and woodwork solid, in good repair, and free from.
Gates at top and bottom of stairs prevent children from falling.	Fireplace screen fits snugly.
The head and foot of stairs have no small or loose rugs.	Rugs are fastened or laid on non-slip pads.
Stair carpeting or covering is fastened securely.	Rugs are kept from curling at their edges.
Stairways & halls have good lighting, controllable at each end.	Wax on floors is thoroughly buffed.
Kitchen	Fire in fireplace is extinguished at bedtime.
Matches are kept where children cannot get them.	Candles are in stable holders and fully extinguished after use.
Knives & sharp instruments are kept in knife drawers or	<u>Bedroom</u>
holder.	Smoke alarm has fresh battery or electrical connection & is
Can openers don't leave sharp edges on cans.	tested regularly.
Disinfectants & cleaning products are out of reach of children Pan handles are turned away from stove edges.	Carbon monoxide detector has fresh battery or electrical connection and is tested regularly.
Spilled grease, water, or bits of food are wiped up	Furniture placement for clear passage between bed and door
immediately.	Light switch or lamp is within easy reach from bed.
Pot holders are within easy reach.	A night-light illuminates bedroom or hall.
A fire extinguisher is mounted near the stove.	Bureau and dresser drawers are closed when not in use.
	Bar across bunk beds helps prevent falls.
<u>Bathroom</u>	Children are taught not to lean against windows or screens.
Tub and shower are equipped with strong handholds.	Sturdily screen low windows to prevent children from falling.
Tub floor has non-slip surface.	Smoking in bed is prohibited.
Poisons are marked, sealed shut, and out of reach of children.	Gas and electric heating devices are turned off at bedtime.
Medicines are out of reach of children in childproof containers.	•
No one takes medicine in the dark.	Nursery
Attic and Basement	Bars on cribs are closely spaced.
Ladder is strong, solid, and sturdily constructed.	Crib is approved by Consumer Products or similar.
Stairway is sturdy and well lighted.	Crib is free from sharp edges or corners.
Children keep skates and play gear in a specific place.	Sleeping garments and covers keep baby warm without
Walls and beams are free from protruding nails.	danger of smothering.
Fuses or circuit breakers are the proper size.	Pillows are kept out of bassinet or crib.
Rubbish & flammable materials are in covered metal cans.	No thin, plastic material is in or near the crib.
Wastepaper is kept away from furnace and stairs.	Children are taught not to give marbles, etc. to younger children.
Tracopaper is nept away from furnace and stalls.	Toys are sturdy & have no sharp edges.
Living Room and Dining Room	Nontoxic paint is used on baby furniture and toys.
Furniture is placed to allow easy passage in an emergency.	All houseplants are nonpoisonous.

## Sample Home Safety Checklist (page 2)

Stoves, Furnaces, and Heaters	Household appliances are disconnected before repairs.					
Stoves are away from curtains.	Unused, open, screw-type sockets are plugged closed.					
Stoves & furnaces are inspected & cleaned annually.	Frayed or worn electric cords are promptly replaced.					
Gas burners are properly adjusted and free from leaks.	Long trailing cords are not in evidence.					
Gas water and space heaters are equipped with vents or flues.	Cords are kept out from under rugs, doors, and furniture.					
Water heater or boiler has a safety valve & is checked yearly.	UA-approved extension cords are the proper size.					
Flames of gas burners are protected from drafts.	Children are taught never to touch electric sockets or fixtures.					
Insulating shield protects woodwork within 18" of furnace, etc.	Fuses are adequate for the load and are not bypassed.					
Keep flammable materials away from stoves, furnaces, etc.	Circuit breakers are not overloaded.					
A wrench is stored near the shut-off valve of outside gas line.	Canaral					
Porch, Yard, and Garage	General  At least one smoke detector in each bedroom & garage.					
Railings and banisters are sound and inspected periodically.	Everything has a place and is in its place.					
Steps and walks are kept free from ice and snow.	Stepladders are in good repair and stored out of the way.					
Yard/play space are free from holes, stones, glass, etc.	Window screens and storm windows are securely fastened.					
Tools and dangerous articles are out of reach of children.	Guns are stored unloaded and in locked cases.					
Dangerous products & chemicals are kept in original containers	Guns and ammunition are stored separately.					
in locked storage areas.	Children are permitted to use only blunt-end scissors.					
Wires and low fences are brightly painted or clearly marked.	Housework clothing has no drooping sleeves, sashes, or frills.					
Wells, cisterns, and pits are kept securely covered.	Shoes worn for housework have low heels.					
Disposable materials are not burned outside.	All shoes are in good repair.					
An area is marked off in the garage for bicycles, wagons, etc.	Kerosene, gasoline, paint thinners, and other volatile materia					
Lawn mower is equipped with proper safeguards.	are stored outside in special, clearly marked metal containers.					
Workshop	Oil mops, dust rags, painting equipment, and other oily					
Good ventilation exists, especially when sanding.	materials are stored outside in open metal containers.					
Safety goggles and/or face mask are available, with eyewash.	Everyone turns on a light before entering a dark room.					
Baking soda is kept handy to neutralize acid burns.	Matches are extinguished before they're thrown away.					
All electrical tools are either three-wire or double-insulated.	Children are never permitted to play with matches.					
Work area is well lit & free of clutter, scraps, rags.	Fire extinguishers are readily available.					
All tools have a place & are in their place.	For Emergency					
Guards are in place on all power tools.	Know how to get emergency help (911, poison control, etc.).					
A push stick is available for use with power saws.	Be able to find water, gas, & electric shutoffs. Check annually.					
EL (1. ID.)	First aid kit approved by your doctor/American Red Cross.					
Electrical Devices and Fixtures	Know basic first aid procedures.					
Electrical fixtures and appliances are located & used beyond arm's length of the sink, stove, tub, shower, or other grounded	Have a fire escape plan from your home.					
metal unless outlet is protected by a ground-fault interrupter.	Emergency water supply.					
Do not touch electrical fixtures or appliances with wet hands.	Handheld flashlights readily available.					
Disconnect seldom-used appliances when not in use.	In earthquake-prone areas, make sure that the water heater					
All pull-type sockets have an insulating link.	and bookcases are bolted to the walls.					